



# WOW Newsletter 4/12



## West Orange Women

[www.WestOrangeWomen.com](http://www.WestOrangeWomen.com)

Barbara Aboushahba, Editor

Dear Ladies,

I hope you all enjoyed the luncheon at Fleming's Restaurant and our speaker on Woman's History Month. In April we will have a treat for you - lunch at Big Fin Restaurant and a fashion show from Bealls Department Store. We hope to see you all there. We will be voting on the slate of officers for the Executive Board and would love to have you there to support them.



Our cookbook is progressing nicely; please remember to send in your recipes. We are hoping to get this to the printer in time for a fall sale of the books. The information for submitting your entries is in this newsletter. It will be fun to see our recipes in print for posterity, and we are offering the patron ads as well as the larger size ads.

I want to thank my Executive Board again for their wonderful help this year; it is a pleasure to have a group of women who are so willing to pitch in on anything that needs to be done.

I hope you are all enjoying this wonderful weather we are having; it is hard to believe winter is over with very few cold days.

Wishing you all good health and happiness,

*Noel Anne McGuigan, President*

cell: 407-923-3348

firstclassnoel@gmail.com

Join us on April 19th for lunch at Big Fin Seafood Kitchen (next to Flemmings)

8046 West Sand Lake Road Dellagio Town Center, Orlando, FL 32819 407) 615-8888

### MENU

Begin to arrive at 11:00, meeting at 11:30, lunch at noon

**Salmon** - Glazed with our homemade BBQ sauce & served with garlic mashed potatoes and green beans

OR

**Chicken Alfredo** - Sautéed in garlic butter, lemon, white wine, spinach, parmesan cream sauce and parsley tossed with linguine pasta

OR

**Shrimp Scampi Pasta** - Sautéed in garlic butter, lemon, white wine, spinach, tomatoes, parmesan cheese and parsley tossed with linguine pasta



Elaine Wilson, 1st VP

**Caesar Side Salad, Key Lime Pie, Soft Drinks, Coffee & Iced Tea**

**PROGRAM:** Fashion Show from Bealls Dept. Store, with 8 of our lovely ladies modeling



**ALL RESERVATION CHECKS MUST BE RECEIVED BY DOTTIE by FRIDAY, April 13th NO EXCEPTIONS.** Mail check made out to WOW for \$25 indicating **chicken, salmon, or shrimp** to Dottie Ansel, 11014 Belmere Isles Court, Windermere, FL 34786 407-258-8155. If you are having a birthday or bringing a guest, please write the information on a separate paper and mail with your check. We don't want to miss anyone. **NO CALLS BEFORE 10 a.m. or AFTER 8 P.M.**



**March Birthdays: Linda Palmer, Sue Segal, Nancy Curcillo, Jessie Newman, Maureen Chadwick, Dianne Karesh, KJ Momtaz, Peggy Collins, Lindy Pomerantz**

- 4/4 Lin Wilensky
- 4/6 Marilyn Schwartz
- 4/7 Kathryn Kennedy
- 4/9 Cindy Aebischer
- 4/9 Rita Held
- 4/10 Janice Gentilella
- 4/11 Mike Mears
- 4/13 Brenda Person
- 4/15 Mary Campbell
- 4/15 Mary Larson
- 4/19 Jan Ray
- 4/22 Dottie Ansel
- 4/22 Linda Gurian
- 4/24 Phyllis Maddison
- 4/25 Ruth Courney
- 4/26 Fran Jarolimek
- 4/28 Connie Black
- 4/29 Betty Billingsly

**WOW COMMUNITY OUTREACH** by Darby Turnipseed

**OUTREACH - MARCH** Thank you to every one that brought food or donated to Second Harvest. We collected 64 pounds of food and \$120! The Second Harvest Food Bank assists the people in need of food assistance in the Orlando area.

**APRIL - Shoes and Socks** For our April Outreach Project, we will collect money to donate to Shoes for Kids. This group purchases shoes for children in need of shoes in Orange County. We will also be collecting children's socks.

**HARBOR HOUSE** - We will continue to collect sample size toiletries items for their women and children that are victims of domestic violence. Thank you to everyone that donated to our monthly outreach projects and to everyone that contributed to our 2011-2012 charity, Harbor House! All of you are very special!



**Ladies:  
NO CALLS to Board  
members  
BEFORE 10 A.M. or  
AFTER 8 P.M.**

**Hints for Safe E-mailing** We have had another siege of our members receiving "inappropriate" email messages/links from other ladies in our group. This is not their fault! Some one has stolen their address book. To keep YOU and your friends from being plagued with this problem, and it is a problem since in the past some people I know have had to change their addresses, we must follow a few simple rules. Get in the habit of doing the following:

When you forward a message you need to highlight the list of forwarded names and delete them. It isn't hard...just highlight them and push DELETE leaving just the message. It really doesn't take long to protect YOURSELF and your FRIENDS from this embarrassing situation. When you send a message DO NOT use **TO:** Instead use **BLIND COPY**, Simply hit **BCC:** and use that to add the addresses you want to receive your message. Do not use **CC:** either, as that shows up in the message, too. We will ALL thank you!!! Be a WOW kinda' friend!!!

**LADIES:  
Do you have a dish  
that people love and  
ask you for the  
recipe?**

That's the recipe we want for the WOW cookbook. See the info on page three of this newsletter. If you can't type or email a copy, call me - Barbara Aboushahba, at 407-761-8810. You can tell me how to make it and I'll type as you talk. We **really** want those family favorites!

**International Dining** by Kim Crookshanks

In April, let's all shout "OPA!!!" as we explore the flavors of Greece.

**Place:** Zorba's Greek Taverna, 4898 S. Kirkman Road, 407-219-4326 Website [www.zorbasingreekrestaurant.com](http://www.zorbasingreekrestaurant.com).

**Date:** Tuesday, April 10

**Time:** 11:30 a.m.

Please RSVP to me no later than Sunday, April 8 by phone (407-614-7144) or e-mail ([kimcrookshanks@cfl.rr.com](mailto:kimcrookshanks@cfl.rr.com))



**NEW MEMBER:**

**Virginia (Jeannie) LePane**

13810 Darchance Rd.  
Windermere, FL 34786  
407 656-1222 c-407 970-7177  
11/3 jlepane@aol.com



Betty Fleshman

Directory Updates- please send changes of address, phone or email to: Betty Fleshman bfleshman@cfl.rr.com or call me at 614 208-6772. If anyone hasn't picked up a directory please contact me to arrange a pickup.



**New Members: Gail Stone and Linda Palmer**

The West Orange Women **Nominating Committee**, Clarice Drexler, Peggy Collins and Eileen Bergin announced the slate of officers for the upcoming year **2012-2013** at the March luncheon at Fleming's.

**President** - Mary Greene

**1st Vice Presidents** - Noel McGuigan and Dottie Ansel

**2nd Vice President** - Betty Fleshman

**3rd Vice President** - Nancy May

**Treasurer** - Darby Turnipseed

**Recording Secretary** - Kim Crookshank

Thank you, Ladies for agreeing to serve the club.



**Slate of Officers: Betty Fleshman, Mary Greene, Kim Crookshank, Darby Turnipseed, Dot Ansel, Noel McGuigan, and**



**Adrienne Katz** **League of Women Voters of Orange County** spoke on Women's History at the March luncheon. Some facts she shared were that Stephanie Kwolek invented **Kevlar**, bulletproof material used in bulletproof vests and clothing for police officers and our soldiers? Grace Hopper invented **COBOL**, the international computer language. Dr. Ruth Bath patented a surgical procedure for treating cataracts. **Rachel Carson** wrote "Silent Spring" and took on the huge American agriculture complex to alert us to the dangers of DDT and pollution of our drinking water and environment. **Dr. Virginia Apgar** developed a test for newborns to determine abnormalities within moments of birth. **Clara Driscoll** was recently revealed as the anonymous artist who designed the most famous Tiffany lamps a hundred years ago. A famous movie star, **Hedy Lamar**, patented communication technology in World War II that helped create today's cell phones. Not just "another pretty face!" Legislation passed since 1963 eliminated discrimination on the basis of sex, in education programs or activities receiving federal funds. It also required equal pay for equal work.



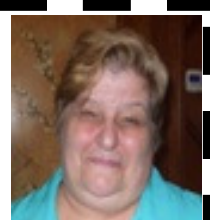
**50/50 Winners: Gloria Clifford and Maria**

**WEST ORANGE WOMEN COOKBOOK**

**WOW Cookbook is in progress! Keep those recipes coming. We are selling ads in the cookbook to pay for the printing. The information on the ads is on the website or contact Joan Dullmeyer, 407-239-0222 or Mary Greene. 407-352-7264. The deadline for recipes and ads is May 15, 2012.**

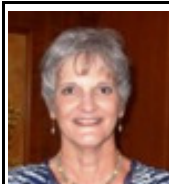


Joan Dullmeyer



Mary Greene

**B. Aboushahba, Editor**  
**WOW (West Orange Women)**  
**7999 Canyon Lake Circle**  
**Orlando, FL 32835**



**WOW Club and Activities Chairwoman is Nancy May, 407-909-1639,  
 nmmay@msn.com**

Ladies, if you are interested in joining an activity, please contact the chairperson of that activity directly. Thank you.

<b>Book Club</b> 1 <sup>st</sup> Mon, 10:00 am at Perkins in Ocoee	<b>tkchesire@yahoo.com</b>
<b>Casual Lunch Bunch</b> Full-meets in homes	<b>Margaret Krass 407-240-8308</b>
<b>Ladies Night Out</b> 4 <sup>th</sup> Thursdays, 5:30	<b>Dottie Ansel 407-258-8155</b>
<b>International Dining</b> 2nd Tuesdays	<b>Kim Crookshanks 407-614-7144</b>
<b>Couples Evening Bunco and Dining Out</b> 1 Sat./mo.	<b>Judy Mellot 4 07-923-3348</b>
<b>Ladies Evening Bunco</b> 2nd Thursdays	<b>Noel McGuigan 407-532-0608</b>
<b>Pan</b> 1 <sup>st</sup> and 3 <sup>rd</sup> Thurs, 6pm	<b>Jean Monahan 407-929-7048</b>
<b>Scrapbooking</b> 1st Monday, 10 till 2	<b>Judy Mellot 407-291-7972</b>
<b>Crafts Club</b> 2nd and 4th Wed, 10:00 am ***** SEE PAGE 2	<b>Mary Greene 407-352-7264</b>
<b>Ladies Afternoon Bridge</b> 1 <sup>st</sup> t, 4 <sup>th</sup> Thursdays, 1pm	<b>Joyce Belan 407-877-3087</b>
<b>Ladies Evening Bridge</b> 2 <sup>nd</sup> Tuesdays, 7 p.m.	<b>Jane Winegard 407-877-4771</b>
<b>Couples Bridge</b> 2 <sup>nd</sup> ,3 <sup>rd</sup> Sunday, 7 to 10:30 pm	<b>Kathy Kennedy 407-352-5428</b>
<b>Ladies Daytime Poker</b> Mondays	<b>Pat Rixmann 407-578-1186</b>
<b>Ladies Evening Poker</b> Every other Tuesday, 7 pm	<b>Jo Anne Rover 407-352-8023</b>
<b>Ladies Afternoon Mah Jongg</b> (full) Wednesdays	<b>Evelyn Chassin 407-345-1526</b>
<b>Ladies Evening Mah Jongg</b> Every other Tues, 7 pm	<b>Noel McGuigan 407-532-0608</b>
<b>Tennis</b> Wednesdays, Fridays. 9 to 10 a.m.	<b>Susan Toppari 407-352-9451</b>