

October 2011



WOW Newsletter 10/11



West Orange Women

www.WestOrangeWomen.com

Barbara Aboushahba, Editor

Dear Ladies,

I hope you are enjoying our fall weather, or what should be fall weather. We had a wonderful September luncheon at Bonefish Restaurant; the staff is always friendly and the food so delicious. The dessert was just scrumptious. Thank you, Elaine, for such a good choice.



We are hard at work behind the scenes planning fund-raisers, and we hope you will all attend our night out at Sweet Tomatoes; the information is listed in this newsletter. Remember to bring the flyer.

I mentioned at the luncheon that most of the Executive Board will reach their two year term limit this spring. If anyone is interested in serving next year please let one of our Board members know and we will submit it to the nominating committee which will be appointed in April. We would love to have a few new members on the Board - it is always nice to get new input. You are welcome to attend any of our Executive Board meetings just to see the whole picture of what we do.

If you have not paid your dues for renewing your membership, the deadline is October 15th to have your name in the directory for this year.

We look forward to seeing you all at Maggiano's Restaurant for our October luncheon and program.

Join us on October 20th for lunch at Maggiano's Little Italy 9101 International Dr.

Orlando, Fl. 32819 Phone: (407) 241-8655

MENU -served family style

First Course: Freshly Baked Bread, Stuffed Mushrooms, Chopped Salad, Apple and Walnut Salad, w White Balsomic dressing with Blue Cheese on the side.

Second Course: Rigatoni "D" Chicken, Mushrooms and Marsala Wine, Mom's Meat Lasagna w/ Meat Sauce

Third Course: Profiteroles, with Vanilla Bean Ice Cream and Hot Fudge, Apple Crostada
Freshly brewed coffee regular or decafe. Hot Tea, Iced Tea and Sodas.



El

PROGRAM: 1. Dr. Farwick from Winnie Palmer Hospital will speak on women's health issues
2. VOTE for the WOW Charity for 2011 -2012



ALL RESERVATION CHECKS MUST BE RECEIVED BY DOTTIE by the FRIDAY October 14th. NO EXCEPTIONS. Mail check made out to WOW for \$25 to Dottie Ansel, 11014 Belmere Isles Court, Windermere, FL 34786 407-258-8155,

WOW COMMUNITY OUTREACH

by Darby Turnipseed



Our October Outreach will be for the USO. The USO's mission is to support our troops and express appreciation and gratitude for their dedication and sacrifice. It is a tangible way for all of us to say thank you, to those who need it the most: troops serving in combat, their families, our wounded warriors and their families, and families of the fallen. Our donation will be sent to the national organization. If anyone wants to send a personal message of support and appreciation - bring a Christmas/Seasonal greeting card and sign your first name and Orlando, FL



10/1 Kellianne Greene

10/8 Linda Simmons

10/8 Ruth Wheeler

10/9 Joy Caldwell

10/9 Jane Winegard

10/9 Judy Wright

10/10 Carol Batchelor

10/10 Muriel Desmond

10/12 Leslie Shank

10/13 Jo Groover

10/14 Joann Gaynor

10/16 Letitia Brandsgaard

10/19 Carol Rubino

10/22 Mary Ann Whaley

10/23 Frances Berger

10/24 Lillian Meyer

10/25 Dorothy Battaglia

10/26 Joy Fischer

10/26 Helen Tricoli

10/30 Betty Fleshman

10/30 Frances Hewitt

10/30 Doris Pattison

10/30 Jill Thompson

10/31 Linda Caimano

Thank you to everyone that donated to our Microphone Fund in September. We collected \$117.00! This will be an on-going project. If anyone has contacts in the "local entertainment industry", please contact them to see if they may have a portable microphone system to give or sell to our non-profit organization.

International Dining

by Kim Crookshanks

In October I'm going to stretch the concept of International Dining a bit. We will experience the cuisine of New Orleans, which although American, is strongly influenced by French, Spanish & Caribbean cuisines. Also, we will make this event a dinner, so bring along your spouse, partner or friend!



Date & Time: Tuesday, October 11 at 6:30 p.m.

Place: The Big Easy

Address: 15502 Stoneybrook West Parkway, Winter Garden

Restaurant phone: 407-654-3279 Please RSVP to me no later than Friday, October 7 by phone (407-614-7144) or e-mail (kimcrookshanks@cfl.rr.com)

From Fran

Please remember our WOW friends and their families in your thoughts and prayer especially Inez Garrambone and her daughter-in-law, Maureen Toole (at Madison Place -on Dr.Phillips Blvd.), Clarice Drexler, recovering from hip surgery at Lucerne Terrace Rehab, and Bea Broudy who is recovering from a fall and leaving Windermere Health Rehab next week. Remember also Ruth Runkle, Alice Campion and any one else who is a Care Giver.



Glad to see Aurie Bremer up and around after her leg problems have been taken care of. Happy to see our WOW representatives to Washington, D.C, home safe and sound after their "exciting" flight home! Question? Does anyone know what "Winder" means? I keep seeing it all over-as in Windermere, Winderlakes, Windermere Downs, Conroy-Windermere Rd. etc. Send or call me with travel, good, or sad news. Also if anyone or group want to volunteer at " Gift for Teaching" Let me know and I'll let you know who to contact.

Fran Jarolimek Corresp. Sec. 407-226-9880
 franjwow@gmail.com

Winnie Palmer Tour October 27th from 11:30 to 2:00

**Ladies: NO
 CALLS to Board
 members
 BEFORE 10 a.m.
 or AFTER 8 P.M.**

WOW members are invited to a tour at Winnie Palmer Hospital. The ladies will come to the hospital, valet park, and the cost will be picked up by the hospital. There will be staff members there to direct the ladies to the luncheon room. Should someone be missed, the luncheons will be held in Classroom 1 and 2 in the hospital. There is an info desk when you come in and they will direct the missed person to the correct place. The **agenda** includes:

- A brief introduction, followed by lunch.
- The ladies will then have the opportunity to see **one** of the following
 - Pediatric Oncology
 - Pediatric Cardiac
 - Pediatric Emergency and Trauma Center
 - Neonatal Intensive Care Unit.

If you would like to attend please contact Pat Rixmann at: (407) 578-1186 or Elaine Wilson at 321-663-5076
There is only room for 40 people, so if you are interested call as soon as possible.

SPECIAL FUND RAISER FOR RUSSELL HOME

Please join the West Orange Women on Wednesday, November 2, 2011 anytime between 5:00 p.m. to 8:00 p.m. at Sweet Tomatoes, 6877 South Kirkman Road, Orlando (Kirkman & International Drive). Purchase a meal and a beverage and Sweet Tomatoes will donate 20% of our sales generated to Russell Home for Atypical Children. **Please bring flyer with you.** Bring the family, friends, acquaintances, anyone you find walking down the street...just get as many people to Sweet Tomatoes to help Russell Home on November 2, 2011. We will have extra flyers at the October luncheon or call Mary Greene 407-352-7264 or bring this page of the newsletter or just make a copy from the one posted on our website www.WestOrangeWomen.com. The link is on the **Charities** page and **Home** page.

JOIN US FOR A FUN-RAISER AT SWEET TOMATOES AND RAISE MONEY FOR

West Orange Women
Support the RUSSELL HOME with us by
having dinner with your family!



Sweet Tomatoes will donate 20% of sales generated by your organization. Purchase a meal and a beverage* and enjoy a great meal and help a great organization!

DATE:

Wednesday, November 02, 2011

AT THIS SWEET TOMATOES LOCATION:

Orlando 1 - I Drive / Kirkman
6877 South Kirkman Rd.
Orlando, FL 32819

TIME:

5:00 p.m. to 8:00 p.m.

For directions visit Sweettomatoes.com

*1. All participants must purchase a beverage with their meal in order to receive credit towards the organization. 2. Under no circumstances are flyers to be handed out in the restaurant, parking lot or vicinity. Failure to comply will result in a voided contract. 3. Coupons or discounts will not be honored in conjunction with any approved Fun-Raisers. 4. Must present this flyer at time of purchase. 5. Your receipt will be kept and stapled to this form in order to add up the event's sales.

HOUSEHOLD GUIDELINES: 1. For the safety of our guests, no horseplay, running or climbing at any time, please. 2. Please accompany small children when visiting food bars. 3. It is very much appreciated when a supervisory person is present at a table of children.

Souplantation & Sweet Tomatoes 
salads • soups • bakery

www.westorangewomen.com

B. Aboushahba, Editor
WOW (West Orange Women)
7999 Canyon Lake Circle
Orlando, FL 32835

Attention all Bridge Players!

If you and your sweetie both play Bridge, the Couples Bridge Group has an opening. The group plays on the second and third Sundays of the month. If you would like to play, but not on Sunday, let us know about that as well. We'll figure it out. Our Sunday evening group begins play at 7 p.m. and plays till around 10 p.m. Everyone is usually home well before 11 p.m. For details, email Kathy Kennedy at ktoernerk@earthlink.net or call her at 407-352-5428.

More club news

CLUB Corner -

A number of ladies have expressed interest in participating in a several **Activity Groups** that could begin immediately if someone or a couple of ladies would organize the group. There is much interest in a **Gourmet Lunch Group**, a 2nd **Casual Lunch Group** and **Daytime Bunco**. Currently WOW does not have a **Gourmet Lunch Group** or **Daytime Bunco** and the original **Casual Lunch Group** is full. All it takes is for someone to let me know that they'd like to **chair or co-chair** one of these groups and set an initial meeting date. Then we'll contact the members who have indicated an interest. I have participated in all three of these activities in the past and can assist you in organizing them. Just let me know.



Nancy May
3rd VP

There is also some interest in starting another **Euchre Group** and a **Golf Group**. Some ladies would like to participate in **Day Trips**. If you'd like to organize something or help organize, please let me know. 407-909-1639 nmmay@msn.com

WOW 2011 -2012 Charity Vote at the October Luncheon

Harbor House

Harbor House seeks to eliminate domestic violence by providing safety, shelter, counseling, education, advocacy and justice. Since the inception of the domestic violence movement in the 1970's, Harbor House has been highly regarded as one of the best comprehensive domestic violence programs in the State of Florida. We have five main programs to support our mission: emergency shelter, children's services, community outreach, legal advocacy services and community & professional education. The main program is the 110 bed emergency shelter that is operated 24 hours a day for women and child survivors of family violence. This life saving program

BETA Center

Our mission is "to provide children and parents with the knowledge and support needed for strong and healthy families". BETA Center is a private, nonprofit organization with 35 years of experience helping families, regardless of age or economic status, in the greater Orlando area including Orange, Osceola and Seminole counties. With a focus on parenting, teen moms and at-risk families, BETA Center changes behaviors and lives. The agency offers a wide range of services to support children and families, increase healthy family functioning and prevent child abuse and neglect.

JMJ Life Center

JMJ Life Center, established in 1990, is a nonprofit community service, offering free pregnancy tests and services designed to help families faced with the challenges of an unplanned pregnancy. We are a crisis pregnancy center in Orlando that provides free assistance to women regardless of age, marital status, religion, or race.