

March 2013

 **WOW Newsletter 3/13** 

**West Orange Women**

[www.WestOrangeWomen.com](http://www.WestOrangeWomen.com)

Barbara Aboushahba, Editor

Dear Ladies,

Our February meeting was very informative. Thank you John Bremer for sharing your knowledge of how to sell our gold and silver without getting "ripped off". Scott Billue was extremely happy when we presented the check for \$ 1,553 to Matthew's Hope from our White Elephant Auction. March madness is here! Our March luncheon will be at Big Fin with a fashion show. Also, the nominating committee will have the announcement of the preliminary nominees for officers for next year. We will be collecting canned proteins or paper products or monetary donations to get the pantry stocked at Matthew's Hope for Easter. Please plan to join us for an enjoyable luncheon in March.

*Mary Greene* 407-352-7264 cell:407-446-5534 greene7224@aol.com

Join us on March 21st for lunch at *Big Fin Seafood Kitchen*

8046 Via Dellagio Way, Orlando, Fl. 32819, 407-615-8888 Located in the Dellagio Town Center

Begin arrival:11:00,meeting:11:30, lunch: noon

**Entrées: Chicken Marsala** - Chicken Breast sautéed with mushrooms, tomatoes, garlic, shallots and a sweet marsala sauce. **OR**

**Mahi Piccata Mahi** - Mahi Mahi pan-seared and topped with capers and lemon slices in beurre blanc, served with green beans **OR**

**Black & Blue** - Blacked beef tenderloin tips served with a bleu cheese Fondue, served with grilled asparagus

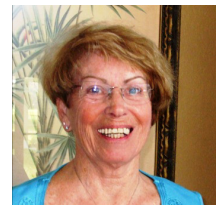
**Sides:** Garlic mashed potatoes, rolls and butter

**Dessert:** Key Lime Pie & Ooey Gooey Dessert

**Beverage:** Iced Tea, Coffee, Soda



Dottie Ansel



Noel McGuigan

**PROGRAM - FASHION SHOW BY KATE LYN'S BOUTIQUE**, 111 West Plant Street, Winter Garden, FL. 34787 Tel. 407-614-3809 Modeling by several of our WOW ladies.

**ALL RESERVATION CHECKS MUST BE RECEIVED BY DOTTIE by FRIDAY, March 15th.** Mail check made out to WOW for **\$25** indicating *chicken, fish, or beef* to Dottie Ansel, 11014 Belmere Isles Court, Windermere, FL 34786 407-258-8155. If you are having a birthday or bringing a guest, please write the information on a separate paper and mail with your check. We don't want to miss anyone.

**NO CALLS BEFORE 10 a.m. or AFTER 8 P.M.**

## Community Outreach - Matthew's Hope

Matthew's Hope provides meals to 50-70 people each Tuesday and Thursday. The meals are prepared and served by different groups or individuals. We have been planning to serve a meal, so at the February luncheon our "little pig" was passed for donations to cover the cost of this meal. Thanks to the generosity of the WOW membership, we collected \$180.00. We may be able to do more than one meal! **We are now in need of volunteers to help with the organizing, cooking, serving and everything to get the meal done.** We will have a meeting Monday, March 11, 2013 right after the board meeting (about 11:30PM) at the house of Mary Greene. Please call Peggy Collins, 407-876-4239 or Mary Greene, 407-352-7264 if you want to get involved with the meal.

At the March luncheon we will be **collecting food for the Matthew's Hope food pantry.** They are in need of:

### Bottled Water

**Canned Meats (Ham, Chicken, Tuna, Spam, Vienna Sausages)**

**Canned Pasta's (Spaghetti, Ravioli, etc.)**

**Canned Beef Stew**

**Any paper products are always needed, ie plastic forks, paper plates (Dixie Style), paper bowls, paper towels, etc.**

There will be a collection area outside the Big Fin to deposit your donations. Please remember the homeless during the Easter season.



**50/50 Winner -  
Sheila Docherty**

### February Luncheon -Ming Court

We heard a talk by John Bremmer, husband of member Aurie. Since his retirement he has developed a side business in buying and selling precious metals. We learned about how gold is priced, troy grams vs penny weight, and how precious gems are valued in old jewelry. Interesting.



**Door Prize Winner -  
Darby Turnipseed**

**Little Known Secrets** - We want to recognize our club members at our May Luncheon - who are volunteering in our community ie: Gift of Teaching, Schools, Hospitals, etc. Please call Dottie Ansel - 407-258-8155 or email [dottielansel@aol.com](mailto:dottielansel@aol.com) with your information or that of another member who you know is volunteering.

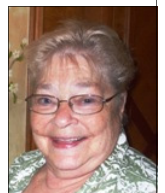
### From Fran:

Hi my WOW friends! Cards were sent to Alice Campion in hospice, Thinking of You, to Joan Dullmeyer (brother Stan in ICU). Carol Axelrod, Rita Held, Nancy May, Clarice Draxler, Pati Haworth, Helen Courney were sent get well wishes. Back from their Hawaiian 50th anniversary and 70<sup>th</sup> birthday cruise are Joan and Bob Brindle, House sitting for them was former WOW member Marie Salerno who would rather fight the blizzards in New York rather than stay here in our sunshine! Go figure! Also fleeing the fickle weather in Baltimore are Mary Lou and Chuck Adlemen. Soon off again, this time to Cape Horn are Maria and John Hawke.

**SEND NEWS** of sick members, members dealing with big stresses in their lives (eg. Sick spouse), and news of a happy sort to Fran. She sends cards, flowers, and words of encouragement. Fran J-407-226-9880 or [franJwow@gmail.com](mailto:franJwow@gmail.com)

**Now FYI-the Gift for Teaching** collection of used electronics has been extended indefinitely. For pick up or info. contact me before the 1st.Wed.of each month.

Now to the Ladies who have **sleep apnea** (as I do) please use your c-pap machine! I didn't once I felt better and that's how I ended up in emergency going into cardiac failure when I couldn't breathe; it was scary! So do as I say-not as I did!



# MEMBERSHIP



The 2012 – 2013 Wow Directory is available. I'll gladly send the directory by email in PDF form to anyone that is unable to pick one up at the monthly luncheons.

Betty Fleshman 614 208-6772, [bfleshman@cfl.rr.com](mailto:bfleshman@cfl.rr.com)

## Directory Updates

**Alice Campion** passed away recently.

**Nancy Curcillo** has moved to Ft. Myers and **Foy Winsor** has moved to Tallahassee. We wish them happiness and good friends in their new homes. **Foy** also has a new email- [Foywinsor@hotmail.com](mailto:Foywinsor@hotmail.com)

**Gieny Ackermann** has a new home phone 407-297-0731

**Gail Stone** has a new email address - [gailstone@cfl.rr.com](mailto:gailstone@cfl.rr.com)

## NEW MEMERS

**Patricia Gross**  
3234 Villa Strada Way  
Orlando, FL 32835  
Metro West  
407 521-2852  
cell- 817 343-2811  
[pmgrosstx@gmail.com](mailto:pmgrosstx@gmail.com)  
Home state – OH  
Bd – 10/5  
(daughter of Carolyn Gross)

**Linda Vallaro**  
14004 Luminous Lane  
Windermere, FL 34786  
Oasis Cove  
407 614-4010  
c- 630 254-0508  
[Vallaro11@aol.com](mailto:Vallaro11@aol.com)  
Husband – Michael  
Bd – 5/6  
Home state – IL

# March Birthdays

- 3/2 Susan Segal
- 3/7 Maureen Chadwick
- 3/8 Karen Momtaz
- 3/8 Linda Palmer
- 3/8 Karen Tampira
- 3/10 Frances Scoglio
- 3/10 Kim Servis
- 3/12 Myra Couzo
- 3/14 Peggy Collins
- 3/14 Jessie Newman
- 3/16 Claudine Nelson
- 3/21 Kathy Christopher
- 3/21 Niki Zisel
- 3/24 Lisa Tracy
- 3/25 Bettye Ballenger
- 3/30 Dianne Karesh
- 3/31 Lindy Pomerantz

WOW is sponsoring a day trip to the **Hard Rock Casino** in Tampa on April 25. If you want to join the fun, Inez needs the following information from you:

Hard Rock Casino Players card number OR if you don't have one, on a piece of paper write your name, address, date of birth, (month, day, year). Drivers license number or Florida ID number.

A check made out to Inez Garrambone in the amount of \$21.

Mail it to Inez Garrambone, 8813 Lyndhurst Pl. Orlando, FL 32836 so she receives it by Thursday April 18

We will meet in the parking lot of Holy Family Catholic Church. The bus will leave the parking lot at 9:30 AM and return at 5:30 PM The casino fee is \$20 for the bus and they will give them \$30 in play money, \$1.00 will be for the drivers tip. The casino requires a minimum of 45 people on the bus. Questions? Call Inez at 407-876-1791

## INTERNATIONAL DINING

In March let's go on a little road trip to a charming spot for a spot of tea! We'll even have the chance to do a little shopping afterward!



**Date & Time:** Tuesday, Mar. 12, 11:00 a.m.

**Place:** *Lavender N' Lace Tearoom*, 430 North Lake Shore Way, Lake Alfred, FL 33850.

**Restaurant Phone:** 863-956-3998

**Restaurant Website:** [www.lavendernlacetearoom.com](http://www.lavendernlacetearoom.com)

Please RSVP to Kim Crookshanks no later than Sunday, March 10 by phone (407-614-7144) or e-mail ([kimcrookshanks@cfl.rr.com](mailto:kimcrookshanks@cfl.rr.com)).

The restaurant is approximately a 45 minute drive from the Dr. Phillips area, so you may want to consider carpooling.

B. Aboushahba, Editor  
WOW (West Orange Women)  
7999 Canyon Lake Circle  
Orlando, FL 32835

Join us for Lunch and a  
Fashion Show at Big Fin  
Seafood Kitchen

*Are you interested in serving WOW as an officer next year? If so, contact anyone on the Nominating Committee: Cindy Aebischer, Peggy Collins, Clarice Drexler, and Aurie Bremmer. Their contact info is in the directory.*



**February Birthdays-** Darby Turnipseed, Joanne Castagna, Nancy Nagy, Joan Dullmeyer, Carolyn Gross, Liz Passarelli, Maureen Supplee, Barbara Spratley