

February 2015



# WOW Newsletter 2/15



## West Orange Women

[www.WestOrangeWomen.com](http://www.WestOrangeWomen.com)

Barbara Aboushabba, Editor

Dear Ladies,

Hopefully by now you have received your charity letter, and I know you will be as generous as you have always been. I don't know if you realize that Central Florida was reported to have the most long term homeless people in the nation according to the U.S. Department of Housing and Urban Development's Annual Homeless Assessment Report. According to the Council of Homelessness 2013 Report, there has been a 29% increase in homeless people in Orange County between 2012 and 2013. Matthew's Hope provides a vitally needed service in our area. Thank you to Mary and Kellianne Greene who wrote and mailed the letters. What would we do without them?



The February luncheon will be at Maggiano's on February 19<sup>th</sup>. We will be having a gently used jewelry sale along with a program by Robert Bowden from Leu Gardens. Since spring will be here soon, maybe some of us need his advice to whip our gardens back into shape. I hope to see many of you there, and don't forget to send your reservations in early.

With much love,

Aurie Bremer, President momaurie@aol.com 352-242-0098, cell 407-456-4329

Please join us on **February 19th at Maggiano's Little Italy (at Pointe Orlando)**

9101 International Drive, 32819 -- Phone 407-241-8655

PARKING IN THE GARAGE WILL BE VALIDATED

Begin to arrive at 11:00, 11:30, meeting followed by lunch

### FAMILY STYLE MENU

**Entrées:** Rigatoni "D" chicken with mushroom/Marsala sauce, Mom's

Meat Lasagna, Baked Eggplant Parmesan

**Sides:** Tomato Caprese, Chopped Salad, Caesar Salad, Bread

**Dessert:** Apple Crostada and Profiteroles

**Beverage:** Teas, Coffee, Soft Drinks

**COST: \$25**



Elaine Wilson



Mary Greene

**PROGRAM** - Our guest speaker is Robert Bowden from Leu Gardens



**ALL RESERVATION CHECKS MUST BE RECEIVED BY DOTTIE by Thursday, February 12th**

Mail check made out to WOW for **\$25** to

**Dottie Ansel, 11014 Belmere Isles Court, Windermere, FL 34786 407-258-8155.**

If you are having a birthday or bringing a guest, please write the information on a separate paper and mail with your check. We don't want to miss anyone.

# Community Outreach

Hello Ladies, Happy Winter. We will be having our jewelry sale at the February luncheon. I'm sure you'll be able to find a new treasure accent your wardrobe.  
Noel Anne McGuigan



## WOW CHARITY

The Charity letters have been mailed, Please send your donations for Matthew's Hope to Kellianne & Mary Greene, 7224 Grace Road, Orlando, Fl. 32819. The check will be presented at the April Luncheon. Any questions, please call Kellianne or Mary, 407-352-7264.

## SCAMS by Barbara Aboushabba

Here are some scams to watch out for:

- ⇒ Scammers who phone to claiming they need your details for a **new Medicare card**...
- ⇒ Bogus **shipping companies** asking you to pay before shipping an item previously ordered that you don't know about...
- ⇒ Scammers who phone to say you've been photographed **breaking the speed limit** and asks you to forward a \$150 fine...
- ⇒ Scammers who phone to say they are from **Microsoft** and you have a virus they need to clean from your computer. (**Microsoft NEVER calls you.**)
- ⇒ Scammers who phone to say they are from your **bank** and there is fraud involving your **credit card** or **checking account**. Hang up and call your bank yourself to check things out.

## What can you do to help the homeless person you see on the street?

Generally it is better not to give away cash. Instead:

1. Carry gift cards from fast food or grocery store chains in your wallet. This way you can help your homeless neighbor to get something to eat and rest inside a restaurant.
2. Pack granola bars in your pocket or purse; they provide energy and nutrition.
3. A small bottle of water also helps prevent dehydration, a common health concern for the homeless community.
4. Instead of keeping clothes in your closet that you've outgrown, carry one at a time and give it away to someone you see living on the streets: A clean T-shirt does a lot for someone's spirits outside in the sweltering heat. Being able to change to clean, fresh clothes helps lighten the day.
5. During the colder weather, consider a pair of winter gloves, a scarf in a color you don't like anymore, a knit hat that you got for free at a game or event.
6. If you travel often, next time you stay in a hotel remember to grab the complimentary hand lotion (that small bottle in the bathroom) and keep it in your pocket or bag. This lotion can help more than you think.
7. When you are homeless, a smile and a word of kindness can make a difference. So be sure to acknowledge the homeless you encounter in the street. Say a simple hello. Talk with them and engage in a simple conversation. Take time to learn about your homeless neighbor, asking about his or her story and family. This shows that you care.

These tips come from <http://www.matthewshopeministries.org/homelessness/helping-the-homeless/>

## **INTERNATIONAL Dining**

In February, let us celebrate a truly international culinary treat....**wine!**

Date/Time: Tuesday, February 10, 11:30 a.m.

Place: **Cooper's Hawk Winery & Restaurant**, 8005 International Drive, 407-956-3400

[www.coopershawwinery.com](http://www.coopershawwinery.com)



# Membership

# Birthdays

You are reminded that only paid members are eligible to participate in WOW activities and receive the monthly newsletter. Dues are \$20.00. Membership forms can be accessed on our website: [WWW.westorangewomen.com](http://WWW.westorangewomen.com) Please send any changes in your phone, email, or address to our membership VP, Kim Crookshanks. [kimcrookshanks@cfl.rr.com](mailto:kimcrookshanks@cfl.rr.com) 407-614-7144,  
**For those members who require a hard copy** directory and were not able to pick it up yet, please let me know when/where/how we can get your copy to you. **If you wish to have us mail your directory**, please send a check for \$5 (to cover shipping and handling), made out to WOW, to me at: Kim Crookshanks, 14150 Fox Glove Street, Winter Garden, FL, 34787.

**We now have 201 members.**

**New Member!**

Lynette Griffin 8/20  
 2848 Balforn Tower Way, Winter Garden, FL, 34787  
 407-395-9069, c-901-413-3992 [lrgrif@earthlink.net](mailto:lrgrif@earthlink.net)

2/5	Louise Palermo
2/9	Darby Turnipseed
2/10	Maureen Supplee
2/11	Liz Passarelli
2/12	Joan Dullmeyer
2/15	Pat Hawley
2/15	Rose Munch
2/15	Beverly Powers
2/16	Joanne Castagna
2/17	Jennie Forsythe
2/20	Nancy Nagy
2/22	Carolyn Gross
2/27	Stacie Vizoso



New Member **Sharon Fonner** attended the January luncheon



**Ruth Courney**  
 January 50/50 winner



**January Birthdays:** Lisa Boswell, Dottie Blood, Joan Lohr, Phyllis Tepper, Joan Brindle

**B. Aboushahba, Editor**  
**WOW (West Orange Women)**  
**7999 Canyon Lake Circle**  
**Orlando, FL 32835**

## ***WOW Activity Groups and Contact Information***

**Betty Fleshman**, 3rd VP, is the Coordinator for Clubs and Activities.

Contact her at 614-208-6772 or [bfleshman@cfl.rr.com](mailto:bfleshman@cfl.rr.com)

With such a large and diverse membership, we try to offer activities that will meet the need for fellowship for all of our members....and we believe by joining any of our WOW Activities is a great way to meet and get to know the wonderful women who are already participants of WOW Activity Groups. There are many groups to choose from so just pick one and call the contact person to learn more.



<b>Golf</b>	Joanna Magel	239-776-4476 <a href="mailto:johideaway@aol.com">johideaway@aol.com</a>
<b>Book Club</b> <i>Last Mon, 10:00 am till 11:00</i>	Tanya Chesire	<a href="mailto:tkchesire@yahoo.com">tkchesire@yahoo.com</a> 407-905-9963
<b>Casual Lunch Bunch (Full)</b> <i>3<sup>rd</sup> Tuesday, 11:30 am</i>	Margaret Krass	407-876-1445
<b>International Dining Group</b> <i>2<sup>nd</sup> Tuesday</i>	Kim Crookshanks	407-614-7144
<b>Ladies Night Out</b> <i>4<sup>th</sup> or 5<sup>th</sup> Thursdays, 5:30 pm</i>	Dottie Ansel	407-258-8155
<b>Ladies Daytime Bunco</b> <b>3<sup>rd</sup> Monday Noon</b>	Judy Mellott	407-291-7972
<b>Couples Evening Bunco and Dining Out</b> <i>one Sat. /month</i>	Judy Mellott	407-291-7972
<b>Ladies Evening Bunco</b> <i>2<sup>nd</sup> Thursday</i>	Phyllis Tepper	407-614-4640
<b>Craft Club</b> <i>2<sup>nd</sup> and 4<sup>th</sup> Wednesday, 10:00 am</i>	Mary Greene	407-352-7264
<b>Pan</b> <i>1<sup>st</sup> and 3<sup>rd</sup> Thursday, 6:00 pm</i>	Phyllis Tepper	407-614-4640
<b>Scrapbooking</b> <i>1<sup>st</sup> Monday, 10 till 2</i>	Judy Mellott	407-291-7972
<b>Ladies Afternoon Bridge</b> <i>1<sup>st</sup>, 4<sup>th</sup> Thursdays, 1 pm</i>	Joyce Belan	407-877-3087
<b>Ladies Evening Bridge</b> <i>2<sup>nd</sup> Tuesdays, 7 pm</i>	Jane Winegard	407-877-4771
<b>Couples Bridge</b> <i>2<sup>nd</sup> and 3<sup>rd</sup> Sun, 7 to 10:30 pm</i>	Kathy Kennedy	407-352-5428
<b>Ladies Daytime Poker (Full)</b> <i>Mondays</i>	Fran Jarolimek	407-226-9880
<b>Ladies Evening Poker</b> <i>Every other Tuesday, 7 pm</i>	Jo Anne Rover	407-352-8023
<b>Tennis Wednesday, Fridays 9 to 10:30</b>	Sandra Nittoli	407-363-5511
<b>Ladies Afternoon Mah Jongg (Full)</b> <i>Wednesdays</i>	Evelyn Chassin	407-345-1526
<b>Ladies Evening Mah Jongg</b> <i>Every other Tuesday, 7 pm</i>	Fran Jarolimek	407-226-9880