

July/August 2020



WOW Newsletter 7,8/20

West Orange Women



www.WestOrangeWomen.com

Barbara Aboushahba, Editor

Hello Ladies,

The board of West Orange Women is hoping you are all keeping well and busy. We have been worrying about each and every one of you and cannot wait until we can all be attending a monthly luncheon again. I personally cannot wait until we can start our activities again. We thought things were getting a little better and then we got hit with the new Pandemic numbers and went back into hiding. There is no way any restaurant can handle our group as their occupancy rate is so low right now. We have to be patient as this too shall pass.

If anyone is in need of assistance, please do not hesitate to ask for help and one of the board members will do their best to be of assistance. Thank you again for supporting our charities; our club members have always been so generous. Until we are able to select our charity for 2021 -2022, we ask you to consider helping Matthew's Hope. They have triple the normal demand for their services and assistance right now. See page 7 for their most pressing needs and ways you can help.

We will continue to stay in touch with you and try to keep your spirits lifted as well as our own. Stay well! I am sending each of you a virtual hug!

Noel Anne McGuigan, President



CHARITY NEWS

by Mary and Kellianne Greene

Nominations Please send your nomination for WOW 2020-21 Charity to Mary or Kellianne Greene, green7224@aol.com. Please include a few sentences describing the charity's mission and contact information. Normally, all nominations are presented at the August board meeting. The board then decides a maximum of three (3) of the charities to be presented by a representative from each charity at the WOW September luncheon. The membership then do a paper vote at the luncheon; those not at the luncheon may vote by email. The WOW Charity for 2020-21 would normally be announced at the October luncheon. **Due to the corona virus, the WOW board has decided to hold the presentations and voting for our 2020-21 Charity until further notice.**

RAFFLE There are only 16 raffle tickets left for \$10 each. Prize is \$1000. The drawing was to be held at our WOW May luncheon, but has now been postponed until the next WOW luncheon (to be determined). If you want tickets, please send a self-addressed stamped envelope with a check made out to WOW to Mary Greene, 7224 Grace Road, Orlando, FL. 32819 or call 407-446-5534.



Luncheons and Programs: At this time we are not planning any luncheons. Whenever the restaurants are opened to a capacity that may accommodate our regular monthly attendance, we will schedule a luncheon. We all miss each other! Be safe and stay well.

1st VP's - Darby Turnipseed and Therese Brennan



Officers to be Installed for the year 2020-2021

President	Noel Anne McGuigan '94
1st VP	Darby Turnipseed '10 and Therese Brennan '18
2nd VP	Mary Borgan '14
3rd VP	Jennie Forsythe '13
Rec. Secretary	Gail Carman '07
Treasurer	Mary Greene '06

MEMBERSHIP

MEMBERSHIP

193 MEMBERS!!! Hopefully, we will soon be joining WOW activities and luncheons. We need to know if you have changed your email, phone number, address, etc. Please email or call Mary Borgan, 407-929-3030 or mborgan@hotmail.com.



NEW MEMBER

WILLIAMS, GAIL

1407 Pine Acres Lane 11/14
Orlando, FL, 32835 FL
407-913-8288 Hampton's Reserve
gwilliams14@aol.com

BIRTHDAYS

J	7/22	Ruth Tucker '05
U	7/26	Jeanette Wright '10
L	7/27	Suzie Denis '20
Y	7/28	Josephine Moo '14
	7/30	Patti Williams '18
	8/5	Patty Goonen '16
	8/6	Shirley Young '94
	8/10	Crystal Bruning '13
A	8/11	Merrille Koffler '10
U	8/13	Kathy Morrell '17
G	8/13	Eleanor Prevete '08
U	8/15	Amy Karr '18
S	8/17	Marlene France '20
T	8/18	Cynthia J-Guarino '17
	8/18	Cannon Stoffel '11
	8/20	Lynette Griffin '14
	8/20	Judith McGinley '18
	8/22	Annette Jaronski '98
	8/25	Linda Kenney '19
	8/29	Lenore Demeo '16

SAD NEWS



Former member **Sheila Docherty** passed away on May 24 from congestive heart failure. She resided at an assisted living facility in Delavan, Wisconsin since leaving WOW and Central Florida in June of 2017.

WOW member **Inez Garrambone's** husband, Peter, passed away after battling pneumonia while in an induced coma. He was 77. Inez herself is back in the hospital with double pneumonia.

LEMON LUSCIOUS CHILLED PIE 1966 Pillsbury Bake-off. I have been making this for over 50 years!! Enjoy, Darby Turnipseed

A summer-cool refreshing pie using a 9-inch Baked Pie Shell OR Ready-Made Shortbread Crust OR Graham Cracker Crust

- 3 egg yolks
- 1 teaspoon finely grated lemon zest
- 1/4 cup lemon Juice
- 1 cup granulated sugar
- 3 1/2 tablespoons corn starch
- 1/4 cup unsalted butter, still firm (not margarine)
- 1 cup whole milk
- 1 cup sour cream, (not low fat or fat free)



FIRST, grate lemon for zest. Then squeeze for fresh lemon juice and supplement with bottled juice. Separate eggs for yolks and I freeze egg white for use at another time.

In medium saucepan, combine sugar, corn starch, butter, milk, lemon zest, lemon juice and egg yolks.

Cook over medium heat, whisking constantly, gently, until thick. Remove from heat and pour into covered container till cool. Fold in sour cream; pour into pie shell.

Cover and chill in refrigerator for at least 2 hours. May be frozen and served frozen

MICROWAVE option: In large 8 cup glass bowl, mix as above. Full power for 30 seconds, stir with whisk. Continuing full power for 30 seconds each time, stirring, till thick.

BLT Cups by Mary Greene

TOTAL TIME: 0:55 PREP: 0:20 LEVEL: EASY SERVES: 4

Ingredients

- 12 slices bacon
- 1/2 c. Greek yogurt
- 2 tsp. lemon juice
- 2 tbsp. chopped chives, plus more for garnish
- kosher salt
- Freshly ground black pepper
- 2 c. halved cherry tomatoes
- 1 head of romaine lettuce, chopped
- 1 avocado, chopped

Directions

1. Preheat oven to 400°. Invert a muffin tin upside down onto a large rimmed baking sheet.
2. Cut 8 slices of bacon in half crosswise. Lay two of the halved strips onto an inverted muffin tin cup in the shape of a cross. Weave two more half pieces on both sides to create a mini weave. Wrap the entire cup with a whole slice of bacon. Repeat to make three more cups. Bake until crispy, about 20 minutes. Let cool for at least 15 minutes.
3. Make dressing: In a medium bowl, whisk together Greek yogurt, lemon juice and chives and season with salt and pepper. Add tomatoes, lettuce and toss to coat. 4. Remove bacon cups from muffin tin and fill with dressed lettuce, tomatoes and avocado. Garnish with more chives and serve.

Do you have a great recipe to share with our members??? Send to barbaboush@gmail.com

What our members have to say after receiving cards from WOW...

Allison Schieli - Thank you for your sweet note.

Ann Guerriero - Thanks so much for your thoughtfulness. Hope everyone stays safe and well. Prayers for our members having health issues.

Ann Rodgers- Love this card. Thank you for your thoughtfulness. It made my day.

Annette Jaronski - Thankyou ladies for another lovely card. I am doing well and hope you are also well. Miss you all and looking forward to the day we can get together again. Stay safe.

Babs Sigman - This card was lovely. Thank you. :-)

Barb DeBord - Thank you for the beautiful card!!!

Beth Gloss - Thank you so much for sending us these beautiful cards. I am so glad I opened the card today. Stay healthy and safe. Love to all.

Betty Fleshman -Thank you! Nice to be thought of - hope everyone is well.

Brenda Person - It was a pleasant surprise. Stay well and safe everyone! Miss the luncheons.

Carolina Carlessi Thank you so much for the card it made my day. I hope you keep safe too.

Carolyn Ridgway - Thank you. Beautiful card.

Cheri Claiborne - Since I am a floral designer, I enjoyed this card so much. Thank you for thinking of us and brightening our day.

Cindy Aebischer - " White coral bells upon a slender stalk." Don't you remember singing that one? Enjoyed finding the meaning of each flower. Thanks to all of you.

Cynthia Johnson-Guarino- Thank you so much for the beautiful card. It brightened my day I especially liked the music and reading about the meaning behind all of the flowers.

Darby Turnipseed - Thank you for the flower bouquet card. May we all stay safe and well.

Deidre Scott - Thank you for the special card; this means so much to me

Delores Lee - What a beautiful way to start the day! Thank you for the lovely flowers!! Likewise, stay well.

Dianne Karesh - Thank you for this reminder of the miracles of the beauty God gives us. I look forward to getting together again soon.

Dolores Gorman - I am sorry I have not seen the card yet, but thank you for thinking about me. I've never seen a Jackie Lawson card. Mary, I miss going to your house. Tell Kelli-Anne I send my regards. I stopped driving 7 months ago.

Dorothy Battaglia - Once again such a pretty and uplifting hello from WOW! Missing all of you and looking forward to getting together again!

Eleanor Prevete - A big "Thanks!" to all of you WOW board ladies. You've made a supreme effort to keep the rest of the members informed, to let us know what's going on behind the scenes, to boost our spirits when they might be sagging. I for one have been most appreciative. Surely others feel the same. Congrats on holding the Zoom meetings! And to those who organize and/or host the offshoot activities: I sure hope you're right and that we can resume getting together again soon. Miss you all! -

Elizabeth Mnayarji - The card was lovely. Missing our luncheons. Hope to see everyone soon. Stay Well.

Fran Jarolimek—thanks again for Brightening my day and those of our WOW sisters. Love ya!

Gail Carman - My sentiments exactly! Thanks for the card, it's fun to get these cards!

Helen DeLong – Hello, WOW Board Members. Thank you so very much for the lovely e-card. It is so thoughtful to reach out to all of us during this crazy "Twilight Time!" I'm sure we all do appreciate the 'gentle reminder' that we are all in this together. The loneliness this has caused us is not permanent and eventually we will be able to gather together, being able to give and receive those wonderful smiles & hugs!! Hopefully, in due time, this will all seem like a bad dream. In the interim, hold fast to your Faith, and remember there are many people who miss you and care for you!! Be well and remember to wear a smile!! Hopefully, we'll be having a lovely lunch together before too long!! Hugs!!

[More on page 5](#)

Helene Cohen - Thank you so much for the cute card. I miss all of you and the activities I have been part of. Hope we will be able to be together before too long.

Inez Garrambone - Many thanks for your kindness and generosity and mostly for your prayers. Thanks to everyone at W.O.W

Jeanette Collet - What a sweet gesture. Thank You so much.

Jennie Forsythe - Thank you for the beautiful card!!

Jennifer Shakespeare - This is a wonderful pick me up in my mail. Thanks for the beautiful message. I hope all of you are doing well.

Joan Dullmeyer - Thanks for the lovely bouquet. A great way to brighten the day. Miss all you ladies!

JoAnn Anderson - Thank you for thinking of me. I have enjoyed almost twenty years of involvement with West Orange Women.

Joyce Belan - Lovely. Thanks so much.

Judy Allison - Thank you, again. Just lovely and cheerful.

Kathy Kennedy - I am truly proud to be associated with such a group of women so generous with their time and energy as well as pocketbooks. They are an inspiration. -

Klasina Brun - Thanks for that nice card loved the flowers

Linda Caimano - Thanks so much. Sweet card. Hope you and your family are doing well

Lisa Boswell - Thank you so much for the delightful card....

Louella Palermo - Very uplifting during these trying times. Thank you for your thoughtfulness.

Louise Meador - What a lovely way to start the day! Beautiful flowers and music. Thank you so much.

Lynn Aust - Thank you for the sweet card....I so miss my WOW friends!

Margaret Krass - Thanks Ladies...I loved the music and of course the flowers. I wish all of you well...hugs.

Maria Hawke - Thanks WOW for the beautiful flower basket for my birthday! Hope I can see everybody soon.

Marie Jozwiak - Thank you for the beautiful flowers and music. Especially for the good thoughts. Hope to hear all is well by you. Missing getting together. Can't wait to see everyone again. Take care and be safe.

Marilyn Frazer - Thank you so much. This was such a lovely way to start the week. Hopefully we'll all be able to be back together soon. However, until then, stay safe, stay home.

Marit Cairns - Thank you. Hope next year will be better.

Martha Lacy - Thank you for the sweet card. I truly miss everyone especially the ladies who I play cards on Friday at Panera Bread.

Mary Borgan - Thank you...what a cute card! I miss everyone.

Mary Greene - Thanks for the cheering encouragement. I really needed that today. I am ready to "Party"!

Mary Larson - Thanks for the thought!

Mary Lou Adelman - Thanks for the beautiful card! So thoughtful! Looking forward to getting together again!

Maureen Chadwick - Thank you! This card is beautiful.

Merrille Koffler - Thank you for brightening my day.

Noel McGuigan - Excellent choice of card, Mary, wonderful wording! Thank you

Pam Isbill - Love the flowers. Thanx and hope we all stay safe. So look forward to seeing everyone; I miss our WOW ladies.

Pat Rixman - I miss all of you. We are so lucky to have a group like ours. When I joined the Welcome Wagon group back in '91, had no idea it would become West Orange Women. It has been an adventure. Thank you all for being a part of it!

Patty Goonen - Thank you for brightening my day!

Paulette Campbell - Beautiful Basket of Flowers. Thank you for the card.....it will brighten my day.

Phyllis Tepper - Pretty bouquet. Thanks for sharing.

Ruby Cruciana - Hello, I love the card! Music and flowers are beautiful. Thank you. I am asking that you keep me in your prayers. **I'm having surgery on Monday morning (7/20)** They will be putting a stent in a heart valve (which is rather risky). Thank you and God bless all of our members. Stay safe and well.

B. Aboushahba, Editor
WOW (West Orange Women)
7999 Canyon Lake Circle
Orlando, FL 32835

Sheila Thomas - Hi Ladies, thank you for the uplifting card during this pandemic. Flowers are soothing for the soul. Miss all of you! Hopefully we will be able to gather this year.

Sofia Mendelson - Thank You. I know we're all missing all of you, too.
stay safe, stay home.

Sue Segal - Thanks for the card!! A nice gesture to keep connected!! Stay well and Stay safe!!

Suzanne Bender - How very special to receive a beautiful card ! Very thoughtful!

Tanya Chesire - I will never look at "house arrest" the same again. Very nice. Thank you. Miss everyone too.

Theda G. Levinn (Theda Goldman) - Thank you so very much for making my day, week, month happy. The cheer and joy you send lasts until the next unexpected delightful surprise. Can't wait until we can get together again.

Valerie Swets - So nice to receive a message from WOW. I definitely look forward to the time we can all get together. Much love and best wishes to all. Stay safe and health. Until soon,

Wendy Hollis - Thank you for making my day. The flowers are beautiful.



Campbell's condensed **Chicken Gumbo** soup is not returning to store shelves until mid-August. It is one of 25 less popular flavors that Campbell's took out of production because of increased demand this spring. I need it for a popular family recipe. If you have any in the back of your cupboard, I'd love to buy it. Barbara

CLUBS AND ACTIVITIES UPDATE

No Activity Groups are meeting yet.
Your leaders will be in contact when it is safe to meet.

Recommended Reading

Fiction *Hideaway* by Nora Roberts

Recommended by Mary Greene

Fiction *The Island of Sea Women* by Lisa See

Recommended by Cynthia J-Guarino

Non-fiction *The Happiness Factor* by Shawn Achor

Recommended by Cynthia J-Guarino

Non-fiction *The AmericanStory: Conversations with Master Historians* by David Rubenstein

Recommended by Barbara Aboushahba

Do you have a great book to share with our members??? Send to barbaboush@gmail.com

Matthew's Hope Needs Help: Each Tuesday and Thursday during the COVID 19 Crisis the Matthew's Hope bus is delivering nonperishable foods, hygiene items and clothing needs. Their Healthcare Team is making sure the homeless get their medications, check temperatures and blood pressures, dress wounds, etc. A third Team is delivering warm prepared food prepared and/or donated by various supporters. They need help to be able to provide these services. If you would like to volunteer or donate please call Matthew's Hope, 407-905-9500. If you and friends would like to provide breakfast or lunch sandwiches, call Matthew's Hope, 407-905-9500 for more information. Matthew's Hope is asking that if you normally donate pantry items that you prayerfully consider **ordering online** and have your donation delivered directly to them **or donate financially** instead in the same amount you may have otherwise spent. You may still donate at their location, just go to the rear of the building and call 407-905-9500 and ask that someone come out to get your donation. You do not need to get out of the car or be in contact with anyone, the volunteer will take it from your trunk.

<https://www.matthewshopeministries.org/home>

611 Business Park Blvd. #101
Winter Garden, FL 34787
(407) 905-9500

Food:

Ramen Noodles
Hearty Broth-based Soups
Canned Fruit (Mixed, Mandarin Orange, Pears, etc.)
Canned Veggies (Peas, Corn, Carrots)
Canned Meats (SPAM, Chicken, Ham, Tuna & Vienna Sausages)
Beef Stew
Canned Pastas with Meat
Bottled Water
Gatorade Single Mix
Instant Coffee (Small)

Travel Size Hygiene Items:

Hand Sanitizer
Toilet Paper
Nail Clippers
Wet Wipes/Wet Ones
Men's & Women's Deodorant
Insect Repellent

Clothing:

Jeans
Shorts
Men's Boxer Briefs (MD, LG, XL, XXL)
Ladies Undergarments
Ladies Pullover Tops

Please do not donate items that are **not** on the list without speaking to someone at Matthew's Hope; they do not have space for other items at this time.